

**SRI VENKATESWARA UNIVERSITY**

Revised CBCS w.e.f 2021 -22

**LIFE SKILL COURSE**

**III-SEMESTER**

**Personality Enhancement & Leadership**

Total 30 hrs (02 h/wk, 02 Cr & Max 50 Marks)

**Syllabus:**

**Unit- I:(7 hrs)**

Meaning of Personality - Explanations of Human Personality - Psychodynamic Explanations - Social Cognitive Explanation - Big Five traits of Personality

**Unit- II (8 hrs)**

Assessment of Personality - Projective & Self Report Techniques - Building Self-Confidence - Enhancing Personality Skills

**Unit - III:(10 hrs)**

Leadership Characteristics - Types of Leaders - Importance of Leadership - Leadership Skills - Building and Leading Efficient Teams - Leadership Qualities of Abraham Lincoln, Mahatma Gandhi, Prakasham Pantulu, Dr. B. R. Ambedkar & J.R.D. Tata

**Co-curricular Activities Suggested: (05 hrs)**

1. Assignments, Group discussions, Quiz etc
2. Invited Lecture by a local expert
3. Case Studies (ex. on students behavior, local leaders etc.)

**Reference Books:**

- ~ Girish Batra, Experiments in Leadership, Chennai: Notion Press, 2018
- ~ Mitesh Khatri, Awaken the Leader in You, Mumbai: Jaleo Publishing House, 2013
- ~ Carnegie Dale, Become an Effective Leader, New Delhi: Amaryllis, 2012
- ~ Hall, C.S., Lindzey, G. & Campbell, J.B. Theories of Personality, John Wiley & Sons, 1998

M. S. Srinivasulu  
Chairperson  
E.O.S in English  
(PASS)